



By Speed Post

GOVT. OF INDIA, MINISTRY OF FINANCE, DEPARTMENT OF REVENUE.
OFFICE OF THE COMMISSIONER OF CENTRAL EXCISE AND SERVICE TAX
MORELLOW COMPOUND, M.G. ROAD, SHILLONG – 793 001

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C. No. II (31) 03 /ET-III/2016/172450-89

Dated: 26-02-2016.

To,

**As per list enclosed Annexure-A
(50 candidates)**

Subject: Recruitment to the post of Inspector on the basis of Combined Graduate Level Examination (Main), 2014 -Physical Test & Medical Examination- reg

You have been nominated for appointment to the post of Inspector in Shillong Central Excise Zone through Combined Graduate Level (Main) Examination, 2014 conducted by the SSC.

Therefore, you are directed to appear before the Superintendent (Hqrs.), Central Excise & Service Tax, M.G.Road, Morellow Compound, Shillong, for Physical Fitness Test and Medical Examination to be held w.e.f 10th & 11th March, 2016 at 10:00 hrs. I am also enclosing herewith one copy of **Attestation Form** to be filled in and submit the same in **triplicate** to the undersigned on the day of the Medical Test.

You are also directed to bring all the original certificates & documents regarding your Age, Educational qualification, Caste etc for scrutiny at Establishment Branch. No T.A. & D.A. will be admissible for the journey and you have to arrange your own boarding and lodging. **The whole process may take more than two days.**

The required Physical Standards/Efficiency will be as under:-

Physical Standards (Minimum)	(Male candidates)	(Female candidates)
Height	157.5 cms (Relaxable by 5 cms. in case of Garhwalis, Assamese, Gorkhas & members of ST)	152 cms.(Relaxable by 2.5 cms. in case of Garhwalis, Assamese, Gorkhas & members of ST)
Chest	Normal - 81 cms (Relaxable by 5 cms. in case of Garhwalis, Assamese, Gorkhas & members of ST) Expansion - atleast 5 cms	Not Applicable
Weight	Not Applicable	48 Kgs. (Relaxable by 2 Kgs. in case of Garhwalis, Assamese, Gorkhas & members of ST)
Physical Efficiency	(Male candidates)	(Female candidates)
Walking	1600 Mtrs. in 15 Minutes	1000 Mtrs. in 20 Minutes
Cycling	8 Kms. in 30 Minutes	3 Kms. in 25 Minutes

Kindly acknowledge receipt of this letter.

Encl: as above.

(L.Ralte)
Deputy Commissione (P&V)